

Prep Bulletin

TERM 2 – Week 6

Our Enduring Understanding

'Feelings and interactions influence the way we learn at school'

Some of the things we are learning about:

The letter /t/

Making connections between texts and what emotions they evoke in us

How different emotions can be expressed e.g. body language

Times when we felt different emotions

Patterns around us

Conducting surveys

Collecting, sorting and representing data

Shape

What you could do at home to support this learning

- ❖ Go on a letter/word hunt and make a list or draw how any objects you can find beginning with /t/
- ❖ Have a look for some patterns in nature or in buildings and talk about why that might be
- ❖ Identify shapes that exist in our everyday lives
- ❖ Engage in Reading to, Reading with and Reading by your child and ensure you are exploring a range of different texts

Following on from the Emotional Intelligence Incursion

Your child will have brought home an Emotions Wheel in their red bags on Tuesday. This links to the first emotions incursion we participated in where students learnt about the different 'emotional zones' they may be in at any given point. It is really important that you speak to your child about these emotions and what each of the different zones represent as it can provide another means for them to express how they are feeling. This wheel is about acknowledging that all emotions are valid and no emotion is 'bad' rather, it is about how we choose to manage these emotions that matters. Your child should always be working towards getting back into the 'Green Zone' as this is where they are most productive.

Self-regulation Incursion

The students participated in a self-regulation incursion this Wednesday designed to give them a range of strategies they can use to self-regulate and help get themselves back into the 'Green Zone'. The children were given the opportunity to trial a range of fidget style toys as well as some more physical activities they can do to help them focus. The teachers took notes on what the children responded to and will be looking into getting some of these resources for our spaces.



The ZONES of Regulation™ Reproducible 1

Lazy 8 Breathing

Trace the Lazy 8 with your finger starting at the star and taking a deep breath in.

As you cross over to the other side of the Lazy 8, slowly let your breath out.

Continue breathing around the Lazy 8 until you have a calm body and mind.

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The children also learnt a new breathing strategy, 'The Lazy 8', which can be used to assist your child to calm down before they are able to discuss their feelings.

Reading Log

Thank you to those people who remembered to bring the Reading Log and small books back this Tuesday in their red bag. It is important that the red bag comes to school **EVERY TUESDAY** so your child can select new books to read. Please note that you don't have to record absolutely everything that you read, we use the log as a guide to note whether you are experiencing Reading with, Reading to and Reading by your child.

Bulb Planting and Stall

The students really enjoyed the opportunity to get their hands dirty and plant a bulb in the beautiful pots they had decorated. A big thank you to all of the parents who came and helped. They are all looking forward to selling them to you on **Thursday 25th May at 3pm.** Please bring the \$10 for the pot and you will be able to purchase your child's pot directly from them. If you cannot make it on the day, you may purchase the pot from your child's classroom.

Focus Child

It is important that when your child is Focus Child they really utilise this opportunity, by bringing in something of significance. It is very tempting for students to bring in a toy or something that they really like but, these often do not allow for a rich investigation experience.

The Dots

We ask that you please don't stand in line with your children on the dots when they are lining up at the start of the day. Having parents in the line becomes a distraction to both your child and those around them. Thank you for your understanding.

Absences on Compass

Please ensure that if your child is away you are filling in the 'reason for absence' section on Compass. This will prevent you from having any unexplained absences.

Wool Donations

A very big thank you to Steph (mum of Franky Prep E) and Shanika (mum of Klara Prep N) for donating wool for the Preps to use with their buddies. The students began making 'Ojo de Dios' (God's Eye) today with their buddies and this is a great experience to talk about with your child.

Volunteers to Plant Seedlings

We are asking for volunteers to assist with planting new seedlings in the garden beds on Friday 26th May at 9:30am with Fiona (mum of Willoughby 1K) and Prep students. Please speak to your child's teacher if you are able to assist.

Donations – Kitchen Equipment and Newspaper

You may have noticed that we have a restaurant investigation set up in the Infant Hall. If anyone has any spare kitchen style items such as old aprons or tea-towels we would really appreciate the donation. We are also after some old newspapers to use for art and craft. Thank you.

REMINDERS

Just a reminder to all parents that if you have anything to talk to any of the Prep teachers about, please ensure that you speak with one of us directly. It is not the role of the Parent Representative to be fielding questions and concerns as we are the ones best equipped to resolve any issues.

Please ensure that your Focus Child Roster is in a visible location and that your child checks for their day to avoid not being prepared.

Your child's Reading Log should be returned to school in the red bag every **Tuesday.**

Tri Skills is still happening each Friday so please ensure girls are not in dresses to enable them to participate fully.

The Prep Team
Angela, Steph and Nikita