Resource

Top 10 cybersafety tips for parents

1. Create an ‘Acceptable Use Agreement’ for your family. Ensure that children are involved with this process.

2. Set up safe search and security controls with a platform such as ‘OpenDNS’.

3. Insist on all computers, laptops and mobile devices remaining OUTSIDE the bedroom.

4. Lights out = Wi-Fi off

5. Recharge mobile phones and devices outside bedrooms at night.

6. Get involved – show an interest in what your child is doing online.

7. Talk to your child’s teacher/s and school.

8. Don’t threaten to take away your child’s devices – they may force them to become secretive.

9. Learn how various social network services work.

10. Tell children not to respond to any cyberbullying threats or comments online. However, do not delete any of the messages – keep records to verify and prove there is cyberbullying.

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