Dear Armadale Community,

Thank you again to all the parents who have sent feedback about our technology night last week and I held off at this week’s assembly from showing all the videos until the Year 5 and 6’s have returned from Canberra.

Just wanting to share with you some more feedback that I received:

“Hi Rochelle,

We wanted to say a big thank you for last night’s fantastic activity. What an inspired event! I can honestly say that I have never seen my children work as hard at anything as they did last night to trap that monster! You created an evening that brought families together, sharing ideas and working in harmony to produce an end result. It was wonderful to see so many teachers present too all excited to be there, cameras and iPads in hand filming each family’s creation. I don’t think I have ever seen so many families attend an evening like this and I feel really sorry for those that were not able to be there, they really missed something special.

Some of the machines on show were so complicated and intricate, a real feat of engineering and some, like ours were basic and simple. Even so, every family watched and egged on everyone else’s attempt at trapping their monster and the look of accomplishment on those children’s faces, as well as many of the parents, was a total joy.

On behalf of all of us that attended, congratulations on a fantastic evening. This kind of leadership and innovative thinking is what makes our school the envy of all those around us.”

I am still working through the analysis of all the feedback sheets and hope to have that finished early next week.

**News from Canberra**

The Year 5 and 6 students have been having a great time in our nation’s capital and have been on the go the whole time.

On Tuesday, they went to the Australian Institute of Sport, the National Art Gallery and the High Court, and Questacon stayed open after hours for them until 7.00pm. Yesterday they went to Parliament House and the War Memorial, today they went to Old Parliament House and the Museum of Australian Democracy. Their flight leaves tonight at 9.15pm and their expected arrival back at school is at 11.00pm this evening.

The communication from the teachers to our community through tiqbiz has been excellent. The photos have highlighted the great time the children are having and the Last Post clip from the Australian War Memorial showing Rory and Lucia laying a wreath was very moving.

I can’t wait to see them all and hear all about their time away. I can imagine that for all of the students this camp will indeed be one of their highlights of the year.

---

**This Week’s Events**

**Thursday 26 May**
- Year 5&6 students return from Canberra camp

**Friday 27 May**
- Year 1&2 Puppetry incursion
- Year 2 cocktail party

**Friday 3 June**
- Year 5&6 Touch Football gala day
- Year 3 cocktail party

**Coming Events**

**Tuesday 7 June**
- PFA meeting 2.30pm in staffroom

**Friday 17 June**
- Year 6 cocktail party

**Thursday 23 June**
- Tommy Lahiff cup
- Disco Prep, Years 1&2 6.00-7.00pm
  Years 3,4,5&6 7.00-8.00pm

**Friday 24 June**
- End of term

**Saturday 2 July**
- Election Day stalls

**Monday 11 July**
- Term 3 commences at 9.00am

*Click [here](#) to go to our school website calendar for more details*
Congratulations Year 4’s
With the Year 5 and 6 students at camp this week, I asked both Rosanna and Allira if the Year 4’s were happy to lead the assembly this week. With very little preparation time, I was amazed by how the students stepped up and spoke so confidently and enthusiastically and led our assembly in a very refreshing manner. As I was so delighted, I have asked them to lead next week’s assembly as well.

Understanding Anxiety in Young People
Just thought I would share this clip with you as part of our wellbeing focus for 2016 and I hope it may be helpful.

When we see a loved one faced with fear and crippling anxiety, our first instinct is to step in and save them. Tackling anxiety however requires facing fear and learning to cope - bit by bit. Professor Jennie Hudson outlines simple strategies to help children slowly face fear and improve emotional health into adulthood.

Take some time out to look at this clip https://www.youtube.com/watch?v=FbEAoDrT5fo

Understanding Anxiety in Young People

Years 4/5 and 1 Cocktail Parties
Malcolm and I and a number of our teachers had a very enjoyable Friday night last week as we had the chance to chat to many parents at both cocktail parties. It was fantastic to see so many families within our community at these functions and I also enjoy chatting about the children, sharing their learning experiences and hearing how happy they are at school and can’t wait to get here each day. Many thanks to all the organisers, Mish, Sam, Alex, Georgie, Pam, Nicole and Olivia and I am looking forward to the next one, the Year 2’s tomorrow night and the Year 3’s next Friday night.

Have a wonderful week.

Rochelle Cukier
Principal

Working Bee donation
For those parents who were unable to attend the recent Working Bee we would be grateful if you could make a $30 contribution to our Working Bee fund for ongoing maintenance.

☐ I would like to make a $30 (or other amount) donation to the APS Grounds fund

Family Name: ___________________ Amount: $30.00 or $_______ Pay by:
☐ Qkr! (under both the Essential items and Donations tabs)
☐ Direct Deposit to Armadale PS Account BSB 083298 A/C No: 028911383 please note on your direct deposit transaction your Family Name & Working Bee

Thank you to the following families who were unable to attend our recent working bee and made a donation to our grounds fund this week:
♦ Start
♦ Hooper
♦ Officer 4C
♦ Millear
♦ Anderson
♦ Hardman
♦ Breadmore
♦ Seremelis
♦ Middleton

Prep & Year 1&2 Bulletins
Please click on the following link to read this week’s news from your child’s year level:
♦ Prep bulletin
♦ Year 1&2 bulletin

or go to the Students tab on the website and then your child’s class for all the latest news.

Connie Apostolos
- Thermos
Curriculum and Pedagogy Leader
Dear Parents,

Over the next few weeks the Green team will be collecting mobile phones and batteries. We will be going around the school to all the classrooms with a container to collect them in. We will be giving them to a battery and mobile phone foundation that turns them into something new and exciting! If you have any unwanted batteries or mobile phones please get your child to bring them to school.

Thanks,

From the Green team
Parents & Friends of Armadale (PFA)

Hi everyone,

The PFA committee needs your help........ We are seeking Volunteers for our Election Day Stalls ......

Election Day Stalls
If you are able to volunteer your time, we will require three volunteers to organise, set up and run three stalls on Election Day Saturday 2nd July.

There will be a sausage sizzle, a jams and preserves stall and a second hand book stall.

More details in the school bags this week. If you are able to help please contact the PFA armadalepfa@gmail.com.

Cocktail Parties
There are still a few Cocktail Parties to go......

♦ Grade 2 27th May
♦ Grade 3 3rd June
♦ Grade 6 17th June

For more information on your year level cocktail party, please see your class representatives.

Grade 3 Parent Cocktail Party
Friday 3rd June at 7.30pm
Sagra Rooftop Bar (Glenferrie Rd, Malvern)
Tickets $30 include canapés all night (drinks can be purchased at the bar)
Book tickets via Trybooking
www.trybooking.com/198447
(or search using the keyword "Armadale" from homepage www.trybooking.com)
Any questions, contact one of the Grade 3 class reps: Liza Chancellor (3E), Natalie Graham (3E), Lisa Conheady (3W), Ellen Beischer (3C), Emily Atkins (3C)

The School Disco
This term the PFA will be hosting an “End of Term Disco” on Thursday 23rd June.

The disco has been organised to accommodate all levels, so we will kick off with a disco for Preps, Grade 1 & Grade 2 only from 6.00-7.00pm.
Then the disco will open up for Grades 3, 4, 5 and 6 from 7.00pm to 8.00pm.
Further details will follow.....so stay tuned!

Armadale Cook Book subcommittee
Submit your recipes in any format to: armadalecookbook@gmail.com
They can be anything from favourite family dinners, soups, salads, vegetarian, seafood, rice, pasta, meat, dessert, lunch box snacks, biscuits, gluten free, cakes, to preserves and more!

If you would like to help with this cook book, please contact Sam Haydon 0414 399 488 or rs.haydon@bigpond.com

PFA Meeting
The next PFA Meeting is on Tuesday 7th June at 2:30pm in the Staff Room.

This meeting is open to all Armadale Parents, so everyone is WELCOME.

Before we go, we would like to say thank you to all the parents, class reps and PFA members who continue to help us with our fundraising efforts.

Kind regards

The Armadale PFA Committee
Email: armadalepfa@gmail.com
The following students have qualified for a Bronze Dollarmites Certificate for making 10 deposits this year:

- Summer Thompson
- Charlie Beischer
- Isabella Keyte
- Max Middleton
- Finlay Johnston
- Alexander Johnston

Well done everyone!

Alison Crone
School Banking Co-ordinator

---

Fortunate Footy Cards 2016

Do you have a surplus of silvers? Do you have a google of golds?

Do you have way too many wilds? Can you forfeit your footy pointers?

Then... DONATE YOUR DOUBLES!!!!

Fortunate Footy Cards provides disadvantaged children with the experience of owning and trading footy cards and albums as the 2016 AFL season progresses.

From April, there will be a collection box at your school reception to receive your donated doubles.

Please tell your family, friends and colleagues to pass on their unused cards so others can benefit.

Cards from near and far can also be sent to PO Box 8310 Armadale VIC 3142.

Don’t forget to like us on Facebook.

---

AFL Community

The Smith Family

ARDOCH Youth Foundation

The Smith Family is a national children’s charity that helps disadvantaged students to succeed at school.
Whilst all care is taken to ensure the validity of advertisements in this newsletter we take no responsibility and imply no endorsement.
Whilst all care is taken to ensure the validity of advertisements in this newsletter we take no responsibility and imply no endorsement.

EXPERIENCE A NEW CULTURE, MAKE NEW FRIENDS AND LEARN A NEW LANGUAGE AT HOME

In June and July 2016 students from over 25 countries around the world, will be arriving in Australia to study at local high schools for 3-10 months.

Opportunities exist for families to act as a host family, in a volunteer capacity. Hosting can be on a temporary, short or long term basis. Host families help provide international students with the chance to study and experience life in Australia. This is a great way to learn about another country and culture, establish a lifelong link to a family in another country and contribute to international goodwill.

If your family can offer a friendly, supportive and caring home environment, contact us today.

To hear more about this wonderful opportunity or our student exchange programs out of Australia Call Student Exchange Australia New Zealand on 1300 135 331 or visit www.studentexchange.org.au/host-a-student

COMMUNITY OPEN DAY!

*Focusing on Children’s Health & Wellbeing*

We invite you to experience our Holistic approach at The House of Life Clinic.

- Free Spinal Checks for kids
- Organic Teas
- Bliss-balls
- Healthy Lunch box snack demonstration
- Tips of keeping your health at an optimum level this winter

**The House of Life**
70 Armadale Street
Armadale VIC 3143

**Sunday, 29th May**
1pm-3pm
03 9509 8848
www.houseoflife.com.au

Volunteer Host Families Needed!

World Education Program (WEP) is a not-for-profit student exchange organisation approved by the regulatory authorities in VIC. We are urgently looking for volunteer host families for exchange students arriving in July 2016 for a term, semester or year.

Imagine knowing someone who:
- Runs around in shorts and t-shirt in the middle of an Australian winter because the temperature is equivalent to summertime in the student’s home country,
- Takes a photo of a meal you have prepared to send overseas because it looks so different,
- Is amazed that we can travel for hours and still be in the same state of one country.

**How does it work?**

You can choose a student who you think will fit best into your family.

WEP host families are responsible for providing the exchange student with a room (can be shared with sibling of same sex and similar age), meals and a welcoming family environment. In return, you will gain a new family member and friend for life. All WEP students come with their own spending money and insurance.

**Arriving Soon:**

Alessandro (Italy) “I am friendly, open-minded and curious about other people and cultures. I am passionate about sport. I particularly enjoy basketball, martial arts and playing table tennis. I also enjoy reading and listening to music. I look forward to this amazing opportunity!”

Maurizio (Italy) “Hello! I am open-minded, curious and very determined to learn English as well as I possibly can. I play water polo three times a week and I spend a lot of time reading. I can’t wait to come to Australia, be part of my host family and learn about their culture!”

*many more*

**Find out more!**

Simply jump online or contact WEP today to receive a free information pack including student profiles.

Sylvia Kelly – Inbound Program Manager
World Education Program
For the cost of a local call: 1300 884 733
Email: info@wep.org.au Web: www.wep.org.au