Dear Parents,

On Monday 20th February, all children from Year 3, 4, 5 & 6 will be involved in the House Swimming Sports and District Swimming Trials for the upcoming District Swimming Sports. Children will be participating in either 25m (shallow end) or 50m freestyle based on their swimming Certificate of Achievement at our 2016 swimming program at Lauriston. (If your child was assessed at swimming level 3 or below and has progressed to 50m freestyle since the swimming program or your child did not participate in the swimming program please complete slip below.)

Children at swimming level 4 or above may also participate and be trialed in 50m backstroke, breaststroke or butterfly.

Children will also participate in a range of fun water relays/activities in the shallow area of the pool based on fun and participation in their house groups. These sports will be held at the Prahran Aquatic Centre.

See over for event timetable (approximate times only).

**Date:**
Monday 20th February

**Venue:**
Prahran Aquatic Centre 50m outdoor pool, 41 Essex Street, Prahran 3181

**Departure:**
9:00am

**Travel:**
Private Bus

**Return:**
3:20pm (approximately)

**Cost:**
$20.00 to pay by Qkr or BPay by Wednesday 15th February

**Permission**
to be made via Compass by Wednesday 15th February

Please note:
No child can attend without the signed permission on Compass.

Children require:
- To assist with the changing process it is recommended that children wear their bathers to school under their school uniform, prior to the sports. **NB Girls should wear one piece design and boys ‘speedo’ style.**
- Please remember to supply underwear for your child when changing after sports.
- Goggles and house swimming cap from 2016 program (highly recommended)
- Children need to also bring a towel and labelled swimming bag/sports bag. A plastic bag is not recommended.
- School uniform
- Play lunch, lunch and drink/k in reusable containers
- Plastic water bottle
- School bag or sports bag

**Parent Assistance Required**
Teachers require any parents who are able to assist with supervision/changing and as officials. Any assistance would be greatly appreciated. Please complete the form and tear off slip below and return to your child’s class teacher if you can assist by Wednesday 13th February. Parents assisting are welcome to come on the bus. Please advise if you wish to do so as places are limited.

If you have any further queries please contact me or your child’s class teacher. We look forward to a fun day.

Peter Cracknell
Sports Convenor

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**Swimming Level Information**  
(please return by Wednesday 15th February)

Child’s Name: ___________________________ Class: ______

Swimming Level 3 or below
My child was assessed at Level 3 or below in the Lauriston 2016 Program and has progressed to 50m freestyle since the swimming program. I would like my child to participate in the 50m freestyle.

Parent’s Signature: ___________________________ Date: ______________

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**Parent Assistance at the Swimming Sports**  
(please return by Wednesday 15th February)

Yes, I can assist on Monday 20th February with supervision or as an official at the Year 3, 4, 5 & 6 Swimming Sports and Trials.

Parent’s Name: ___________________________ Phone Nos: ___________________________

Child’s Name: ___________________________ Class: ______

☐ I do require transport on the bus if space permits
☐ I do not require transport on the bus
House Swimming Sports/Trials 2017
Armadale Primary School
Year 3, 4, 5 & 6

Venue: Prahran Aquatic Centre

Events (approximate times only)

9:45am  Arrival

9:55 am  Assembly & Event Organisation

10:20am  50m Freestyle
-12/13 Year Age Group
  Boys
  Girls
-11 Year Age Group
  Boys
  Girls
-10 Year Age Group
  Boys
  Girls
-9/9 Year Age Group
  Boys
  Girls

11:30am  25m Freestyle
-12/13 Year Age Group
  Boys
  Girls
-11 Year Age Group
  Boys
  Girls
-10 Year Age Group
  Boys
  Girls
-9/9 Year Age Group
  Boys
  Girls

12:30pm  50m Backstroke
-12/13 Year Age Group
  Boys
  Girls
-11 Year Age Group
  Boys
  Girls
-10 Year Age Group
  Boys
  Girls
-9 Year Age Group
  Boys
  Girls

50m Breaststroke
-12/13 Year Age Group
  Boys
  Girls
-11 Year Age Group
  Boys
  Girls
-10 Year Age Group
  Boys
  Girls
-9 Year Age Group
  Boys/Girls

50m Butterfly  (selected children only)

-12/13 Year Age Group
  Boys
  Girls
-11 Year Age Group
  Boys
  Girls
-10 Year Age Group
  Boys
  Girls
-9 Year Age Group
  Boys
  Girls

12:45pm-1:15pm (approx lunchtime)

1:15pm  25m House Relays & Games
-12/13 Year Age Group
  Mixed or Boys/Girls
-11 Year Age Group
  Mixed or Boys/Girls
-10 Year Age Group
  Mixed or Boys/Girls
-9 Year Age Group
  Mixed or Boys/Girls

2:40pm Presentation & Conclusion
2:50pm Departure