Dear Parents,

What a great start the children have had to this week with the start of our intensive swimming program, Level 2 excursion to the Glen Iris wetlands, Bollywood came to the Preps, the Year 6’s went to the Gallipoli Youth Cup on Tuesday at Melbourne Park, courtesy of Tennis Australia and the Year 5 and 6’s have a hockey gala day tomorrow. On Tuesday night our parents were treated to an evening with Kathy Walker. I have Kathy’s handout in my office available to those parents who attended. Her words of wisdom and advice to parents who balance raising children in the 21st century were like gold. I was delighted to receive so many emails from parents who attended and thought I would share two of these with you.

“Thank you for providing the parent community with such an important opportunity to listen to Kathy Walker. Kathy’s presentation was very powerful. I’m looking forward to continually reflecting on her words of wisdom as I go about my daily parenting.

Kathy sensitively and insightfully surfaced so many complex parenting and childhood issues and shone the light so brightly on what is important (and what is not) and what it truly might mean to be successful. Her ability to help us understand that these insights and wonderings are supported by evidence made it even more powerful.

I did enjoy listening to all the subtle connections she made around ‘one’s pedagogy’ and what the implications might be for our learners and lead learners (teachers).

I look forward to strengthening my own ability in supporting my daughters as they continue to navigate the journey of what it means to be successful today, tomorrow and well into the future.”

“Thank you for a delightful evening with Kathy Walker last night. It was informative and refreshingly insightful. The ‘social and emotional development assisting children develop resilience’ is a very fitting topic in our household.

Kathy’s speaking style was impressive. It was an extraordinary combination of softly spoken delivery and very powerful words as she addressed the group. There were times you couldn’t hear a pin drop!

The themes: Promoting effective communication, Consequences a positive and effective way of parenting and Managing screen time, I found especially helpful. Question time was also very useful when individual parent’s concerns, were addressed specifically and generously.

Thank you for providing an opportunity to attend the evening and maintain a positive involvement in our local community. It was an enlightening and thoroughly enjoyable night.”

I appreciate the hectic schedules that most of our community have and understand that many more would have liked to have attended but couldn’t due to other commitments. I intend to work closely with Kathy as the school starts to prepare for our strategic review and it would be great to have her as a mentor as we shape the next 4 year plan. My challenge will be how to resource this.

Kathy will next be speaking at a Parent Education session at the Malvern Town Hall on this coming Monday night. I have included the details below in case you may be interested in attending.

Address: Densham Road, Armadale 3143
School Phone: 03 9822 7003
Website: www.armadaleps.vic.edu.au
OOSH Phone: 03 9822 4912
School Fax: 03 9824 8954
Email: armadale.ps@edumail.vic.gov.au
OOSH Email: ooshc@hotmail.com

This Week's Events

Friday 24 April
♦ Year 5&6 Hockey Gala Day

Monday 27 April
♦ Swimming for Years 3,4,5 & 6 continues - click here for the dates and times

Thursday 30 April
♦ Prep daffodil stall 3.00pm

Friday 1 May
♦ Grade 6 Cocktail Party

Coming Events

Thursday 7 May
♦ Mothers’ Day afternoon tea 2.00pm

Friday 8 May
♦ Grades 3&4 Cocktail Party

Saturday 9 May
♦ Working Bee 9.00am-12.00pm

Friday 15 May
♦ Grades 1&2 Cocktail Party

Friday 22 May
♦ Grades 3&4 Cocktail Party

Click here to go to our school website calendar for more details on coming events
Parent Education Sessions 2015 – Free Event

As a part of council’s commitment to improving services for Stonnington families, council has developed a series of parenting programs, ‘Grow with Us – Parent Education Sessions 2015’.

The first in the series will be addressing Cyber Safety and Young People held on Monday the 27th of April 2015 at the Malvern Town Hall, Banquet Room 7.00pm – 9.00pm. Bookings are required: www.stonnington.vic.gov.au and go to the events page.

I have booked into this event and hope to see many Armadale parents there.

2016 Prep Enrolment Process for Siblings
Could all parents of children who will be eligible to start school next year in Prep, please ensure they have collected an enrolment form from the office and that it is completed and returned before the end of Term 2, Friday June 26th.

ANZAC Centenary

Across the globe, the ANZAC Centenary (2014 – 2018) will be marked by millions of people, in places of special importance and in ways personally meaningful to them. In Victoria, local communities will have the opportunity to plan their own commemorations and to share in the stories of those who served and those who supported the war effort on the homefront. These stories will reconnect Victorians to the ANZAC legacy and create a lasting testimonial that will educate and inspire future generations.

The ANZAC Centenary will enrich and deepen our understanding of the commitment and sacrifice made by Australian servicemen and women during the First World War and by those who continue to serve in uniform around the world.

I hope that you have the opportunity to involve the children in some way this weekend as there are a number of local events, free exhibitions, Anzac Day march, laying of the wreath at various commemoration services and also visiting The Shrine.

At Armadale, our Year 6 students have been involved in an ANZAC themed mural and our students hope to have this finished in about 3 weeks, in time for Education Week – please read Lucy’s section on page 5 of this newsletter. I have applied for a Gallipoli oak tree to be planted in our school and I will advise you of the details when our tree arrives.

Thank you
A big thank you to Kylie Couper (Keaton 1/2W and Montana Prep P) for washing and sorting all the second-hand clothes over the holidays. We really appreciate your work.

Have a wonderful week everyone.

Rochelle Cukier
Principal
Cybersafety
I have mentioned this a few times already but it is a big issue and will continue to be as connected devices become more and more widespread and from a younger age. I have spent some ICT session time looking at the Australian Government’s website www.cybersmart.gov.au I highly recommend parents going into the website and exploring the resources for both you as parents and for your children. A great resource for the younger children is Zippep’s Astro Circus, which asks the children to register with their parents and then takes them through a range of great activities that teach the children about online safety. The middle school will enjoy looking at the series of videos called Hectors World – same message for slightly older children. I am attending a full day workshop on Friday for eSmart Schools, which will hopefully give me some more information that I can pass onto the children and parents. We are planning to have a visiting speaker present to parents later in the year on this topic.

Waste Warrior Certificate
Here is a sneak peek of the Waste Warrior Certificate, which is part of our Sustainability Hero project. As I mentioned a couple of weeks ago, the Green Team reps from each class will be checking for 100% Nude Food being brought to school on a regular basis. When a student proves that they are bringing Nude Food in consistently, they will be awarded with one of our Waste Warrior certificates. This is a great idea, suggested by two of our Green Team reps, and should help to encourage all of our students to do the right thing and eliminate the waste produced at our school.

Working Bee
Just another reminder about our Working Bee which will be held on Saturday 9th May from 9-12. There is always plenty of work to do around the school to help keep our grounds attractive and safe for all the students so we really appreciate your assistance on this day, even if it just for an hour or so. Any gardening tools that you can bring along are always much appreciated as our own supply is quite limited. We recognise that many families are busy on Saturday mornings so if you can’t make it we would really appreciate a payment in lieu of attendance of $30 (see page 6 for the form).

Malcolm Dow
Assistant Principal

Library News

Library Club: Is a passive play option for Students to enjoy on Thursday Recess, I have no doubt it’ll become increasingly popular on days when the temperature is quite cold.

Scholastic Book Club: New forms are available outside the library, please grab one.

Term 2 Theme:
Please bring in a photo of your pet, it would be great to see the animals that our school community has. In late June Responsible Pet Ownership will be attending Armadale to speak to the children on how to look after and care for animals, more information to follow.

Happy reading,

Brett Leyshan
Leyshan.brett.f@edumail.vic.gov.au

Prep & Year 1/2 Bulletins

Please click on the following links to read this week’s news from your child’s year level:

- Prep bulletin
- Year 1/2 bulletin

or go to the Students tab on the website and then your child’s class for all the latest news.

Working Bee
Thank you to the following family who is unable to attend the working bee on Saturday 9 May and made a donation to our grounds fund:

- Puccinelli

Second-Hand Uniform
With the colder weather approaching, it may be time to see if you have enough winter uniform.

The second-hand uniform cupboard outside the staffroom has been washed and sorted and there are now winter items available for sale. We ask for a gold coin donation for each item that is taken from the cupboard.

Brett Leyshan
Leyshan.brett.f@edumail.vic.gov.au
Performing Arts News

Last Week’s...

Performing Artist of the Week:
Stephanie Smith
for making a splash in Performing Arts. You are an incredibly dynamic, expressive and exciting young actress!

Performing Art Class of the Week:
1/2E
for the excellent job you did in your picture book unit. You danced, sang and acted with great enthusiasm and energy!

This Week’s...

Performing Artist of the Week:
Harrison Shaw
for always doing your best in Performing Arts. You work incredibly well with your classmates and bring a sense of fun and enthusiasm to everything you do!

Performing Art Class of the Week:
5P
for an absolutely rocking start to your Commedia Dell’Arte unit. Your characters and performances are going to be incredibly fun and exciting!

Term 2 in Performing Arts
Gather all your energy and pizazz for Term 2! Preps explore the fun of nursery rhymes, while Year 1 and 2 complete a unit of work on Kings and Queens. Year 3 and 4 will experiment with spooky characters and stories, while Year 5 learn the exciting art of Commedia Dell’Arte. As part of this, they get to take part in an exclusive workshop with the incredibly respected and renowned Commedia artist, Rosa Campagnaro. Year 6 explore the characters, songs, dances and customs of eighteenth century life.

Assembly Performances
After an exciting and productive Term 1, we now have plenty of performances ready to entertain our school community at assembly! We look forward to regularly bringing them to you for the rest of the year.

Last week, Nate Portnoy from 3/4C showed off his incredible guitar-playing talent. Mia, Stella, Max, Alexander, Stephanie and Miki from Year 5 entertained us with a hilarious scene from Shakespeare’s comedy, “A Midsummer Night’s Dream.”

Glee Club
Glee Club rehearsals have again commenced! There is a slight alteration in time - instead of beginning 15 minutes into lunch on Tuesdays, rehearsals will now begin at the start. They will finish at 1pm, allowing plenty of time to still play. If you have made a commitment to be in Glee Club, please honour your commitment until at least the end of Term 2 when you can reconsider your options. Make sure that you’re bringing along your Glee Club folder!

Junior Singing Club
Singing Club rehearsals have also commenced! There is also a slight change to the Singing Club times - instead of Wednesday lunch time, Singing Club will be during Wednesday recess. This will allow the big kids to come and help out! Remember that Singing Club is all about having fun and getting involved. If you would still like to join, please come along! We welcome new members and there’s still plenty of time to learn our current song.

Year 5 and 6 Performing Arts Folder
Performing Arts in Year 5 and 6 requires a lot more scripts and other papers that are not often used in the younger year levels. As such, it is becoming important to keep these documents organised. In a few weeks’ time, it will be expected that every student in Year 5 and 6 bring along their ‘Performing Arts folder’ to class each week. If they are in Glee Club, this can be the same folder. It can be a display folder, manilla folder, or any other folder you have spare in the house - it does not need to be new! I thank you for your help in making sure we learn and experience as much as possible in Performing Arts!

Yours in theatre,
Lisa Vollugi.
Performing Arts Teacher

ANZAC Appeal
There are a number of items are for sale in support of the ANZAC appeal in the office.
Visual Arts News

Visual Artist of the Week: Abbey Laughton 1/2W

For the excellent Autumn tree she outlined using oil pastels and painted in with poster colour.

Visual Art Class of the Week: 1/2P

For the wonderful AFL lego characters they created for footy day and for working together as a team to tidy up the art room.

ANZAC Spirit Mural

Thanks to Diana Motion, Armadale Primary School has received a grant under the ANZAC Centenary Local Grants Program. With the help of this grant Year 6 students will be involved in painting a mural on the water tank near the tennis courts. Students have already brainstormed ideas and created drawings showing possible designs for the mural. We decided to focus on the symbol of the poppy and have created a landscape full of poppies. During the First World War, red poppies were among the first plants to spring up in the devastated battlefields of northern France and Belgium. The poppy soon became widely accepted throughout the allied nations as the flower of remembrance to be worn on Remembrance Day, and is also increasingly being used as part of Anzac Day observances.

Kenneth Macqueen, *Wild poppies, Mont Kemmel, c.1917-1918, watercolour on paper*

Year 6 Art Club

Art Club will continue this term. Students involved in art club will meet each Wednesday lunchtime in the art room. We hope to have our paintings finished by the middle of this term. We look forward to showing everyone in assembly when we are done.

Newspapers

If you would like to recycle your old newspapers we would love to use them in the art room. Please fill free to drop them directly into the art room.

Lucy Gorman
Visual Arts Co-ordinator

Sports News

Year 5 & 6 Hockey Gala Day tomorrow Friday 24 April

A reminder to all children in Years 5 & 6 that they will be attending a Hockey Gala day tomorrow. Please arrive at school on time as we will be leaving at 8.55am sharp.

Swimming

Swimming continues next week for the students in Years 3,4,5 & 6 at the Lauriston Girls’ School Swim Centre. All the details are on page 9 of today’s newsletter or click here for the link on our school website.

Peter Cracknell
Sports Co-ordinator
Hi everyone,

Term two is starting off with a bang ...

**Grade 6 Cocktail Party:**
The Grade 6 Cocktail party is to be held on Friday 1st May from 7.00pm to 9.00pm. For further details see your class reps.

**Mother’s Day:** Friday 8th May 2015
In line with APS sustainability policy, this week our children have been getting creative and making a special tea towel in lieu of the Mother’s day stall. The tea towels are pure linen and will be individually signed and designed by each child. With the assistance of the class reps, each tea towel will be ironed and wrapped for every child to take home on Friday 8th May.

**Special Mother’s Day Event:**
Armadale Primary this year is hosting a special Afternoon Tea on Thursday 7th May at 2.00pm. Mothers & Friends (Grandmothers, Aunties etc) of Armadale Primary School are invited to an afternoon tea “to celebrate motherhood”. Tickets will be $20, which will include a glass of bubbles on arrival, afternoon tea and a guest speaker. There will also be a raffle with some amazing prizes, such as a High Tea at Moss Green, Seneca linen package, Miss Chic beauty pack, amongst others. Raffle tickets will be $5 each or 3 for $10. An invitation with all the details of a special event will be sent out next week.

**Grade 1/2 Cocktail Party:**
The Grade 1/2 Cocktail party is to be held on Friday 15th May from 7.00pm to 9.00pm. At Harry Hall – tickets available via trybooking. Your invitation with all the details will be distributed by your class rep shortly.

**Grade 3/4 Cocktail Party:**
The Grade 3/4 Cocktail party is to be held on Friday 22nd May from 7.00pm to 9.00pm At Harry Hall or Lona depending on numbers – tickets will be available via trybooking. Your invitation with all the details will be distributed by your class rep shortly.

**Cookbook**
This year the PFA would love to put together a Cook Book that includes amazing recipes from Armadale Families and Chefs / Restaurants / Cafes in the wider Armadale community. The first step is to put together a cookbook subcommittee.

So we are calling any Cooks, Chefs, Photographers or anyone who would be interested in joining the Armadale Primary Cook Book subcommittee. If you are interested in joining please email Sarah & Caz on armadalepfa@gmail.com

Kind regards
*Caz Laughton and Sarah Monahan*
*PFA Co-Presidents*
*Email: armadalepfa@gmail.com*

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**Working Bee Donation**

For those parents who will be unable to attend the Working Bee on Saturday 9 May, we would be grateful if you could make a $30 contribution to our Working Bee fund for ongoing maintenance. Please complete your details below:

- I would like to make a $30 (or other amount) donation to the APS Grounds fund

  Family Name: ________________  Pay by: ☐ Cash ☐ Cheque ☐ Credit Card ☐ Qkr!

  ☐ Direct Deposit to Armadale PS Account BSB 083 298 A/C No: 02 891 1383

  *please note on your direct deposit transaction your Family Name & Working Bee*

  Amount: $30.00 or $______  ☐ MasterCard ☐ Visa

  ☐ ☐ ☐ ☐ ☐

  Expiry Date: _____ / _____  Cardholder’s Name: ___________________________

  Signature: ___________________________
You Can Do It! Awards

<table>
<thead>
<tr>
<th>Name</th>
<th>Awards</th>
</tr>
</thead>
<tbody>
<tr>
<td>Abby Vile Prep C</td>
<td>For having the courage to participate in the footy parade and the Bollywood dancing. Well done Abby.</td>
</tr>
<tr>
<td>Estella Godinho Prep S</td>
<td>For her creativeness and working co-operatively to create a wonderful home for Rhino. Well done Estella!</td>
</tr>
<tr>
<td>Kosta Theodoropoulos 1/2D</td>
<td>For giving the class a wonderful insight into Greek Easter and engaging the audience with interesting facts.</td>
</tr>
<tr>
<td>Coco Gallichio 1/2E</td>
<td>For practising her active listening skills and working hard to complete all tasks within tight timeframes.</td>
</tr>
<tr>
<td>Camille Rounds 1/2K</td>
<td>For always being responsible and thoughtful when packing up and working in groups.</td>
</tr>
<tr>
<td>Lily Haydon 1/2P</td>
<td>For being so thoughtful to our new student, Chantael and showing her all the special places at Armadale Primary.</td>
</tr>
<tr>
<td>Sascha Tausan 3/4A</td>
<td>For enthusiastically participating in swimming, carefully following instructions, looking after your own belongings, and helping to make sure everyone is safe on the walk to the pool and back.</td>
</tr>
<tr>
<td>Madi McGrory 3/4A</td>
<td>For being confident and developing your own personal opinion, as well as carefully articulating your reasons, on the topics that we discuss in class.</td>
</tr>
<tr>
<td>Stefan Rajchevikj 3/4A</td>
<td>For being confident, trying your hardest, and displaying a positive attitude when participating in swimming.</td>
</tr>
<tr>
<td>Nate Portnoy 3/4C</td>
<td>For the confidence and consistent effort that he applies to his classroom activities and for entertaining us so beautifully with his lovely guitar playing! Look out all rock stars! Great job Nate!</td>
</tr>
<tr>
<td>Yasmin Martin 3/4C</td>
<td>For always being a kind, considerate, enthusiastic and engaged member of our class. You always do your best so keep shining Yasmin!</td>
</tr>
<tr>
<td>Lily Ypinazar 3/4E</td>
<td>For the exquisite swimming technique you have displayed in this first week of lessons. It is wonderful to see you growing in confidence. Congratulations Lily!</td>
</tr>
<tr>
<td>Charlie Sorell 5B</td>
<td>For consistently bringing a positive attitude to school and for maintaining 100% concentration in his Footsteps session despite difficult conditions. You are such an asset to 5B!</td>
</tr>
<tr>
<td>Claire Sорger 5P</td>
<td>For beginning the term with a positive attitude and demonstrating a strong commitment to her learning. Well done Claire!</td>
</tr>
<tr>
<td>Connor Goumas 6N</td>
<td>For displaying wonderful tennis skills and excellent concentration during our Gallipoli Cup excursion.</td>
</tr>
<tr>
<td>Luke Hrysomallis 6Z</td>
<td>For displaying wonderful tennis skills and excellent concentration during our Gallipoli Cup excursion.</td>
</tr>
</tbody>
</table>

The 5 Keys of YCDI! Education
Our core purpose is the development of young people’s social and emotional capabilities, including:

- Confidence
  (academic, social)
- Persistence
- Organisation
- Getting Along, and
- Resilience.

Central to the development of these 5 Key Foundations is instilling in young people 12 Habits of the Mind, including:

- Accepting Myself
- Taking Risks
- Being Independent
- I Can Do It
- Giving Effort
- Working Tough
- Setting Goals
- Planning My Time
- Being Tolerant of Others
- Thinking First
- Playing by the Rules, and
- Social Responsibility
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- Thinking First
- Playing by the Rules, and
- Social Responsibility.
Dear Parents,

The Swimming Program gives each child an opportunity to enjoy physical activity as well as gaining a valuable life skill. Activities to develop confidence in water, swimming stroke development and water safety aspects will be covered in the intensive program beginning Monday 20th April. This program complements the school PE program and all children are expected to attend.

Term 2 Swimming arrangements for Years 3, 4, 5 & 6 - Swimming lessons for Term 2 will commence for Years 3, 4, 5 & 6 children on Monday 20th April. They will be held at the Lauriston Girls’ School Swim Centre Huntingtower Road, Armadale. This year we are running an intensive swimming program on the following dates over two weeks:

- Monday 20th April, Wednesday 22nd April, Thursday 23rd April, Monday 27th April, Tuesday 28th April, Wednesday 29th April, Thursday 30th April, Monday 4th May, Tuesday 5th May (9 lessons in total).

Each lesson will be approximately 40 minutes with trained swimming instructors provided at the following times:

- 6N & 6Z (9:30-10:10am); 5B & 5P (9:10-10:50am); 3/4 J & 3/4 E (10:50-11:30am); 3/4C & 3/4A (11:30am-12:10pm)

Cost & permission: Included in the Term 2 excursion levy form sent out at the end of term 1

Transport: Teachers will supervise the walk to and from the pool.

Swimming items
- To assist with the changing process children swimming at the earlier lesson times can wear their bathers to school under their school uniform, prior to walking to the pool. (NB: Girls should wear one piece design and boys ‘speedo’ style) Please remember to supply underwear for your child when changing after the lesson.
- Goggles are highly recommended and need to be provided by parents prior to the commencement of the program. There will be no borrowing of goggles from the pool.
- Named house swim caps will be provided by Armadale Primary School and are included in the cost for all students. These will be distributed to each Year 3, 4, 5 & 6 child at the beginning of the program. Additional caps will be on sale for $5.00.
- Children also need to bring a towel and labelled swimming bag/sports bag. A plastic bag is not recommended.

ALL SWIMMERS MUST WEAR A CAP - GOGGLES ARE OPTIONAL BUT HIGHLY RECOMMENDED

Parent Assistance Required
Teachers require any parents who are able to assist with walking children to/from the pool and assist with supervision/changing. Any assistance would be greatly appreciated. Please complete the form and tear off slip below and return to your child’s class teacher if you can assist. Please note that all parents wishing to help with swimming will need to have a current Working With Children Check (WWCC). Parents of all children are welcome to attend swimming lessons after the first lesson.

Medical Information
Children can be exempted on medical grounds. The confidential medical swimming exemption form is available under the Parents tab & Forms from the school website. It needs to be completed, signed by parents and returned to the office prior to the commencement of the program so that adequate supervision can be arranged.

- PARENTS – PLEASE DO NOT ALLOW YOUR CHILDREN TO SWIM IF THEY HAVE HAD DIARRHOEA WITHIN THE PAST SEVEN DAYS.

If you have any further queries please contact me or your child’s class teacher.

Peter Cracknell
Sports Coordinator

SWIMMING PROGRAM TERM 2 2015 – PARENT ASSISTANCE

NB: all parents wishing to help with swimming will need to have a current Working With Children Check (WWCC).

Please note the children will be departing school at the following times (approximately 30 minutes prior to the commencement of their lesson):

- 6N & 6Z (9:00am); 5B & 5P (9:40am); 3/4 J & 3/4E (10:20am); 3/4C & 3/4A (11:00am)

☑️ YES, I can assist with supervision with walking to/from the pool and supervision on the following dates (please circle)

<table>
<thead>
<tr>
<th>Monday 20th April</th>
<th>Wednesday 22nd April</th>
<th>Thursday 23rd April</th>
<th>Monday 27th April</th>
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<tr>
<td>Tuesday 28th April</td>
<td>Wednesday 29th April</td>
<td>Thursday 30th April</td>
<td>Monday 4th May</td>
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<tr>
<td>Tuesday 5th May</td>
<td>OR</td>
<td>ALL DAYS</td>
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</tbody>
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Parent’s Name: ______________________________ Phone No: ______________________________
Child’s Name: ______________________________ Class: ______________________________

Please return directly to your child’s class teacher by Wednesday 15th April if you can assist
Chess Coaching

FREE Trial Friday 17th lunchtime!

Where: Music Performance Room
When: Friday Lunchtimes
24th April – 20th June 2015
Cost: $90 per term ($75 for 2nd Sibling)
Benefits: Strategic thinking, improved self esteem, attention span in class, lateral thinking, teamwork, analytical skills.

For more info contact Phil on 0421 901 530

Forward this section & payment in an envelope marked “Chess Coaching” to the school office.

----------------------------------------------
Child’s Full Name: _____________________________
Grade: _______ School: _________________________
Email: ______________________________________
Phone: _____________________________________

Payment Due: Friday 24th April.

----------------------------------------------
Cheques: Payable to “Hooton Consulting Pty Ltd”
EFT: Bank: sbn Acct Name: Hooton Consulting Pty ltd
Bsb 063201 Acct: 10049239
** please place child’s name on transaction/**
$90 cash: ☐ cheque: ☐ EFT: ☐

---

The Old Melburnians Soccer Club, OMSC, takes great pleasure in announcing our new junior division, the Mini Melburnians.

The Club invites both boys and girls aged 4 - 7 to join the program.

**Home Games:** Sir Robert Menzies Reserve (cnr Toorak Road & Monash Freeway)
**Time:** Saturday mornings 9.00am - 10.00am
**Opening special - $175 registration for season 2015!**

WHilst all care is taken to ensure the validity of advertisements in this newsletter we take no responsibility and imply no endorsement.

12TH MAY, 2015
INFORMATION NIGHT

HALVING THE COST OF ORTHODONTICS
5 WAYS TO REDUCE THE COST OF FUTURE ORTHODONTICS

I, Dr. Chris Darby, would like to extend a warm invitation to the May Edition of my Monthly Information Night. I will be holding an interactive talk on the topic of ‘Halving the Cost of Orthodontics’ by outlining 5 ways I can help you to reduce the cost of future Orthodontic Treatment. To explain how this is possible I will talk through methods of achieving Non-Extraction Orthodontics as well as Breathing for Better Living.

Please extend my invitation to all you think would be interested although RSVP is essential as seats are limited.

Learn music here at school

Come and join in the fun of learning to play keyboard, guitar, here at Armadale Primary School.

Creative Music for Schools conducts a music program here at school each week.

Small group classes or one-on-one lessons give children an excellent grounding in music where they will learn to read music and play their chosen instrument.

Tuition costs from $16.20 per lesson and enrolments are now being accepted for limited places in term 2.

Interested parents should call Sharon during office hours on 9818 2333.

Managing your Asthma and Allergy: An Expert Panel Q&A

An opportunity for you to ask your asthma and allergy questions to Victoria’s top physicians.

Panellists include:
A/Prof Sarath Ranganathan Director of Respiratory Medicine, Royal Children’s Hospital
Dr Jo Harrison Respiratory Physician, Royal Children’s Hospital
Prof Jo Douglass Head, Immunology and Allergy Department, Royal Melbourne Hospital
Dr Joanne Smart Clinical Allergist & Immunologist, Royal Children’s Hospital

Date: Sunday 28 June 2015
Time: 4pm – 6pm
Venue: Ella Latham Auditorium, Royal Children’s Hospital

To register visit asthma-and-allergy.eventbrite.com.au or contact the Asthma Foundation Victoria on advice@asthma.vic.gov.au or 03 9326 7088.
Whilst all care is taken to ensure the validity of advertisements in this newsletter we take no responsibility and imply no endorsement.

YOGA MITRA

NEW YOGA CLASSES
Term 2: Mon 13 April - Fri 19 June
Come to yoga after school drop-off!
yogamitra@me.com

Wettenhall Room, Toorak Uniting Church
603 Toorak Road, Toorak

Mondays and Tuesdays 9:30 - 10:30am
Fridays 10:30 - 11:30am
Tuesday evenings 6:30 - 7:30pm

Three experienced teachers, all friends, are holding regular classes in the light-filled Wettenhall Room, looking onto a peaceful courtyard. These yoga classes are designed to build strength and flexibility, and mindfulness, and are open to all levels of experience.

Bookings/enquiries
rohancock1@gmail.com or 0418 145 164

EDWORKS
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LOST

Please help us find our beloved dog, Meiko.
Last seen on Sunday 12th April around 5pm at Orrong Reserve.
He is a very timid dog and will be extremely stressed.
Please call Greg 0411 366 607 or Simone 0419 874 035

REWARD